

## Jefferson Forest High School Regular Bell Schedule

### Regular Bell Schedule

Time	Period
7:50	Warning Bell
7:55–8:50 (55 min)	<b>Zero Period</b>
8:20–8:50 (30 min)	Breakfast served
8:55–9:58	<b>First Period</b>
8:55 – 9:48 (53 min)	Instructional Time
9:48 – 9:58 (10 min)	Moment of Silence and Pledge of Allegiance and Announcements
10:04 -11:13	<b>Second Period</b>
10:04 – 10:59 (55 min)	Instructional Time
10:59 – 11:13 (14 min)	Channel One and Free Reading on Friday's
11:19–12:12 (53 min)	<b>Third Period</b>
Fourth Period Class Time	<b>Lunch Rotation</b>
12:43– 1:38 (55 min)	12:12–12:38 First Lunch (26 min)
12:18–12:43 (25 min)	12:43– 1:08 Second Lunch (25 min)
1:13– 1:38 (25 min)	
12:18– 1:13 (55 min)	1:13- 1:38 Third Lunch (25 min)
1:44–2:37 (53 min)	<b>Fifth Period</b>
1:44 – 2:35 (51 min)	Instructional Time
2:35 – 2:37	Afternoon Announcements
2:43–3:35 (52 min)	<b>Sixth Period</b>

#### *Bus Departure for BSTC*

- Morning BSTC students will leave JF at 8:55am and arrive at BSTC at 9:20am. They will leave BSTC at 11:45am and arrive at JF at 12:10pm. The morning group will go to fourth period upon arrival.
- Afternoon BSTC students will leave JF at 12:43pm and arrive at BSTC at 1:08pm. They will leave BSTC at 3:10pm and arrive at JF at 3:35pm.

#### **Lunch Bells**

12:12 End third period  
Begin first lunch  
12:18 Begin fourth period  
12:38 End first lunch  
12:43 Second lunch begins  
1:08 End second lunch  
1:13 Third lunch begins  
1:38 End third lunch  
End fourth period

#### **Lunch Dismissal Sequences**

**First Lunch:** 3001M, 3002M, 3004M, 3005M, 3007M, 3009M, 3012M, 3023B, 3037C, 3046C, 3048C, 3054D, 3057D, 3061D, 3071D, 3072D, 4014S, 4015S, and afternoon BSTC students.

**Second Lunch:** 1003F, 1004F, 2006E, 3018M, 3021B, 3024A, 3030A, 3034C, 3038C, 3040C, 3052C, 3055D, 3058D, 3059D, 3060D, 3068D, 3070D

**Third Lunch:** Wt. Room, 2003E, 2005E, 2007E, 3013M, 3015M, 3017M, 3020M, 3022A, 3026A, 3027B, 3031B, 3043C, 4001S, 4002S, 4003S, 4004S, 4009S, 4010S, 4011S, 4012S

A = A Hallway Level 3  
B = B Hallway Level 3  
C = C Hallway Level 3  
D = D Hallway Level 3  
E = E Hallway Level 2  
F = F Hallway Level 1  
M = Math Science bldg Level 3  
S = Math Science bldg Level 4

*(If class is not listed, teacher has staff for 4<sup>th</sup> period)*