

September 2018

Morning Announcements *Friday, September 28, 2018*

Monday is BLUE SHIRT DAY! Please wear blue to support World Day of Bullying Prevention. October is Bullying Prevention Month so let's kick off the month with a sea of blue at JF!

The nationwide test of the Integrated Public Alert and Warning System (IPAWS) has been postponed to October 3, 2018, beginning at 2:18 pm. This test message will be sent to cell phones that are connected to wireless providers participating in WEA.

Retake Picture Day is THURSDAY, OCT. 11th. We will have one camera set up in the auditorium lobby, and students will come down to take their pictures during their English classes.

Senior Portrait Retakes will take place on MONDAY, OCT. 29th. These will also take place through English classes on that day.

To all students that will be 18 years old by Nov. 6, 2018: Applications will be available to **register to vote** during all lunch periods on Sept 28th in the cafeteria. You will need to know your social security number. It is required on the voter registration form.

Behind the Wheel registration is open! Please meet with Mrs. Jones in the Driver Ed office before 1st period. Forms are available next to the office door located between C and D Halls.

Class Rings:

On Wednesday, October 3rd, sophomores interested in purchasing the official JF class ring will attend the ring assembly starting at 9:35 am. Our Herff Jones rep will be here to show you the different types of rings available and tell you how to order them. Then he will return on Wednesday, October 10th, to take your ring order during your PE class. Parent Nights will be held from 3:45 to 6:30 Tuesday, Oct. 9th (for parents of students with last name beginning with A-M) and Wednesday (for parents of students with last name beginning with N-Z). For more information go to the Sophomore Class page of the JFHS website.

Clubs & Activities

Attention Key Club Members!

Please come by Mr. Schmidt's room, 3009M, to sign up for your time slot to help out at our car wash this Saturday at Kroger. One hour time slots are available from 10am till 2pm. We need lots of people to help out!

Students who would like to apply for a leadership position for the Ruri-teen Club, please stop by Ms. Rue's classroom in 3023B for an application.

Athletics

September 2018

Counseling

The PSAT for sophomores and juniors will be given on Wed Oct 10th, at JF, starting around 9am. Bedford County has paid for all sophomores to take the PSAT, so no registration is required. Juniors that would like to test must register by September 11 in the Counseling office, the cost is \$16. Juniors are encourage to test, as they may qualify for scholarships. Freshman will also take a PSAT designed for 9th graders on Tues Nov 13th, at JF. Bedford County has paid for all freshman to test, so no registration is required.

College Visits:

September College Visits:

Date College

Interested Juniors and Seniors should sign-up for the college visits in the counseling office at least one day prior to the scheduled visit. You will receive a pass on the day of the visit.

Morning Announcements *Thursday, September 27, 2018*

The nationwide test of the Integrated Public Alert and Warning System (IPAWS) has been postponed to October 3, 2018, beginning at 2:18 pm. This test message will be sent to cell phones that are connected to wireless providers participating in WEA.

Retake Picture Day is THURSDAY, OCT. 11th. We will have one camera set up in the auditorium lobby, and students will come down to take their pictures during their English classes.

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Students who would like to apply for a leadership position for the Ruri-teen Club, please stop by Ms. Rue's classroom in 3023B for an application.

Want to travel to Italy and Greece this summer? Mrs. Morgan is holding a final informational meeting about the 2019 summer trip on Thursday, Sept 27th at 6pm in her classroom, 3072D. Please see Mrs. Morgan for a meeting flyer.

Athletics

Counseling

The PSAT for sophomores and juniors will be given on Wed Oct 10th, at JF, starting around 9am. Bedford County has paid for all sophomores to take the PSAT, so no registration is required. Juniors that would like to test must register by September 11 in the Counseling office, the cost is \$16. Juniors are encourage to test, as they may qualify for scholarships. Freshman will also take a PSAT designed for 9th graders on Tues Nov 13th, at JF. Bedford County has paid for all freshman to test, so no registration is required.

College Visits:

September College Visits:

Date	College
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28	Radford University
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Interested Juniors and Seniors should sign-up for the college visits in the counseling office at least one day prior to the scheduled visit. You will receive a pass on the day of the visit.

Morning Announcements

Wednesday, September 26, 2018

There will be a meeting of the new members of the Cavalier Corner Crew in the LMC on Wednesday, September 26, 2018, during Cavalier Corner. Please be at the LMC by 9:40 am.

The nationwide test of the Integrated Public Alert and Warning System (IPAWS) has been postponed to October 3, 2018, beginning at 6 2:18 pm. This test message will be sent to cell phones that are connected to wireless providers participating in WEA.

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To all students that will be 18 years old by Nov. 6, 2018: Applications will be available to **register to vote** during all lunch periods on Sept 28th in the cafeteria. You will need to know your social security number. It is required on the voter registration form.

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Clubs & Activities

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One hour time slots are available from 10am till 2pm. We need lots of people to help out!

Want to travel to Italy and Greece this summer? Mrs. Morgan is holding a final informational meeting about the 2019 summer trip on Thursday, Sept 27th at 6pm in her classroom, 3072D. Please see Mrs. Morgan for a meeting flyer.

Athletics

There will be a meeting for all returning boys' soccer players on Wednesday, September 26th immediately after school until 4:45 in the weight room.

Counseling

The PSAT for sophomores and juniors will be given on Wed Oct 10th, at JF, starting around 9am. Bedford County has paid for all sophomores to take the PSAT, so no registration is required. Juniors that would like to test must register by September 11 in the Counseling office, the cost is \$16. Juniors are encourage to test, as they may qualify for scholarships. Freshman will also take a PSAT designed for 9th graders on Tues Nov 13th, at JF. Bedford County has paid for all freshman to test, so no registration is required.

College Visits:

September College Visits:

Date College

27	College of William & Mary
28	Radford University

September 2018

Interested Juniors and Seniors should sign-up for the college visits in the counseling office at least one day prior to the scheduled visit. You will receive a pass on the day of the visit.

Morning Announcements *Tuesday, September 25, 2018*

There will be a meeting of the new members of the Cavalier Corner Crew in the LMC on Wednesday, September 26, 2018, during Cavalier Corner. Please be at the LMC by 9:40 am.

The nationwide test of the Integrated Public Alert and Warning System (IPAWS) has been postponed to October 3, 2018, beginning at 6:28 pm. This test message will be sent to cell phones that are connected to wireless providers participating in WEA.

To all students that will be 18 years old by Nov. 6, 2018: Applications will be available to **register to vote** during all lunch periods on Sept 28th in the cafeteria. You will need to know your social security number. It is required on the voter registration form.

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Clubs & Activities

Want to travel to Italy and Greece this summer? Mrs. Morgan is holding a final informational meeting about the 2019 summer trip on Thursday, Sept 27th at 6pm in her classroom, 3072D. Please see Mrs. Morgan for a meeting flyer.

First Priority and FCA would like to invite everyone to See you at the Pole tomorrow morning at 8:20 at the flag pole in the front parking lot. Join us for this nationwide day of prayer!

Athletics

The 2018 Virginia State High School League Class 4 D East Sub-Regional Championship was held at Ivy Hill Golf Club on Sept 20th. The Championship decided which teams and individuals would advance to the 4 D Regional Championship. The JF Cavaliers won the event with a team score of (-1) 287 for the day. Scores included Noah Lacks (-2) 70, Garnet Manley III (-1) 71, Jonathan Peterson (-1) 71, and Caleb

September 2018

DeBass (+3) 75. Lacks was medalist on the day shooting 39 on the front followed by 31 on the back for the (-2) total. Manley and Peterson were tied for 2nd with (-1) 71's. The Cavaliers secured their spot in the 4D Region as a #1 seed out of the East Sub-Region.

There will be a meeting for all returning boys' soccer players on Wednesday, September 26th immediately after school until 4:45 in the weight room.

Counseling

Attention Seniors: Last minute college visit: today at 1:30, Randolph Macon College. If you are interested please come to the counseling office ASAP!

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College Visits:

September College Visits:

Date	College
25	Christopher Newport University and 1:30, Randolph Macon College
27	College of William & Mary
28	Radford University

Interested Juniors and Seniors should sign-up for the college visits in the counseling office at least one day prior to the scheduled visit. You will receive a pass on the day of the visit.

Morning Announcements *Monday, September 24, 2018*

There will be a meeting of the new members of the Cavalier Corner Crew in the LMC on Wednesday, September 26, 2018, during Cavalier Corner. Please be at the LMC by 9:40 am.

The nationwide test of the Integrated Public Alert and Warning System (IPAWS) has been postponed to October 3, 2018, beginning at 6 2:18 pm. This test message will be sent to cell phones that are connected to wireless providers participating in WEA.

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Class Rings:

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Clubs & Activities

Athletics

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There will be a meeting for all returning boys' soccer players on Wednesday, September 26th immediately after school until 4:45 in the weight room.

Counseling

The PSAT for sophomores and juniors will be given on Wed Oct 10th, at JF, starting around 9am. Bedford County has paid for all sophomores to take the PSAT, so no registration is required. Juniors that would like to test must register by September 11 in the Counseling office, the cost is \$16. Juniors are encourage to test, as they may qualify for scholarships. Freshman will also take a PSAT designed for 9th graders on Tues Nov 13th, at JF. Bedford County has paid for all freshman to test, so no registration is required.

College Visits:

September College Visits:

Date	College
25	Christopher Newport University
27	College of William & Mary
28	Radford University

September 2018

Interested Juniors and Seniors should sign-up for the college visits in the counseling office at least one day prior to the scheduled visit. You will receive a pass on the day of the visit.

Morning Announcements *Friday, September 21, 2018*

Congratulations to the new additions to the Cavalier Corner Crew. The new crew list will be posted outside of the LMC during 4th period today. Thanks to everyone that tried out!

The nationwide test of the Integrated Public Alert and Warning System (IPAWS) has been postponed to October 3, 2018, beginning at 6:28 pm. This test message will be sent to cell phones that are connected to wireless providers participating in WEA.

To all students that will be 18 years old by Nov. 6, 2018: Applications will be available to **register to vote** during all lunch periods on Sept 28th in the cafeteria. You will need to know your social security number. It is required on the voter registration form.

Behind the Wheel registration is open! Please meet with Mrs. Jones in the Driver Ed office before 1st period. Forms are available next to the office door located between C and D Halls.

Clubs & Activities

Athletics

There will be a meeting for all returning boys' soccer players on Wednesday, September 26th immediately after school until 4:45 in the weight room.

HomeComing:

Get ready to dance under the stars with DJ Showtime at the Aloha JF Homecoming. #AlohaJF Buy your tickets for \$5 all week at lunch from Sept 17-Sept 21. With every ticket purchase you will get a fun surprise as long as supplies last! If you are bringing a guest, guest forms are in the main office. Let's make it a night to remember!

Counseling

The PSAT for sophomores and juniors will be given on Wed Oct 10th, at JF, starting around 9am. Bedford County has paid for all sophomores to take the PSAT, so no registration is required. Juniors that would like to test must register by September 11 in the Counseling office, the cost is \$16. Juniors are encouraged to test, as they may qualify for scholarships. Freshman will also take a PSAT designed for 9th graders on Tues Nov 13th, at JF. Bedford County has paid for all freshman to test, so no registration is required.

College Visits:

September College Visits:

September 2018

Date	College
24	Yale University
25	Christopher Newport University
27	College of William & Mary
28	Radford University

Interested Juniors and Seniors should sign-up for the college visits in the counseling office at least one day prior to the scheduled visit. You will receive a pass on the day of the visit.

Morning Announcements *Thursday, September 20, 2018* *Today is Club Day!*

On Thursday, September 20, beginning at 2:18 p.m. Eastern Time, there will be a nationwide test of the Integrated Public Alert and Warning System (IPAWS). This test message will be sent to cell phones that are connected to wireless providers participating in WEA, which is why it is important to make state and local education agencies aware in advance.

Behind the Wheel registration is open! Please meet with Mrs. Jones in the Driver Ed office before 1st period. Forms are available next to the office door located between C and D Halls.

Clubs & Activities

Athletics

There will be a meeting for all returning boys' soccer players on Wednesday, September 26th immediately after school until 4:45 in the weight room.

HomeComing:

This week is "Spirit Week" to celebrate Homecoming. The following are the spirit days:

- Thursday is for celebrating your favorite holiday, so pull out your old Halloween costume, your ugly Christmas sweater, or your groundhog suit!
- Lastly, Friday's homecoming theme is Hawaiian Homecoming, so dress up in your favorite Hawaiian shirt, go to Dollar General and buy all of their leis, and be ready to hula the night away at the Homecoming Dance!

Get ready to dance under the stars with DJ Showtime at the Aloha JF Homecoming. #AlohaJF Buy your tickets for \$5 all week at lunch from Sept 17-Sept 21. This is spirit week! With every ticket purchase you will get a fun surprise as long as supplies last! If you are bringing a guest, guest forms are in the main office.

September 2018

Let's make it a night to remember!

Counseling

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College Visits:

September College Visits:

Date	College
21	Ferrum College
24	Yale University
25	Christopher Newport University
27	College of William & Mary
28	Radford University

Interested Juniors and Seniors should sign-up for the college visits in the counseling office at least one day prior to the scheduled visit. You will receive a pass on the day of the visit.

Morning Announcements *Wednesday, September 19, 2018*

On Thursday, September 20, beginning at 2:18 p.m. Eastern Time, there will be a nationwide test of the Integrated Public Alert and Warning System (IPAWS). The Federal Emergency Management Agency (FEMA), in coordination with the Federal Communications Commission (FCC), will conduct a nationwide test of its Emergency Alert System (EAS) and Wireless Emergency Alerts (WEA) to (1) assess the operational readiness of the infrastructure for distribution of a national message and (2) determine whether improvements are needed. The WEA portion of the test commences at 2:18 p.m. ET and the EAS portion follows at 2:20 p.m. ET. This test message will be sent to cell phones that are connected to wireless providers participating in WEA, which is why it is important to make state and local education agencies aware in advance.

The afterschool CPR certification requirement class on September 19th is for sophomores and juniors who have not yet been certified by a PE teacher. This DOES NOT count for current seniors. Email Mrs. Jones if you have questions.

Behind the Wheel registration is open! Please meet with Mrs. Jones in the Driver Ed office before 1st period. Forms are available next to the office door located between C and D Halls.

Clubs & Activities

September 2018

Come on out to Cavalier Improvathon LXXIII (that's 73) tonight, Wednesday, September 19th, at 7pm, in room 3055D! Cost is \$5 for the best in improv and fast-paced action! Laughs a-plenty! DRAWINGS! PRIZES! Fun times indeed, guaranteed!

Athletics

There will be a meeting for all returning boy's soccer players on Wednesday, September 26th immediately after school until 4:45 in the weight room.

Everyone interested in swimming this year for JF, returning swimmers, new swimmers, and anyone thinking about swimming, stop by Coach Ponder's room (4004 S) to pick up information and to get a signup form.

HomeComing:

This week is "Spirit Week" to celebrate Homecoming. The following are the spirit days:

- Wednesday's are for Walt Disney! Hope everyone dressed as your favorite Disney character.
- Thursday is for celebrating your favorite holiday, so pull out your old Halloween costume, your ugly Christmas sweater, or your groundhog suit!
- Lastly, Friday's homecoming theme is Hawaiian Homecoming, so dress up in your favorite Hawaiian shirt, go to Dollar General and buy all of their leis, and be ready to hula the night away at the Homecoming Dance!

Get ready to dance under the stars with DJ Showtime at the Aloha JF Homecoming. #AlohaJF Buy your tickets for \$5 all week at lunch from Sept 17-Sept 21. This is spirit week! With every ticket purchase you will get a fun surprise as long as supplies last! If you are bringing a guest, guest forms are in the main office.

Let's make it a night to remember!

Counseling

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College Visits:

September College Visits:

Date	College
21	Ferrum College
24	Yale University
25	Christopher Newport University
27	College of William & Mary
28	Radford University

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September 2018

Morning Announcements *Tuesday, September 18, 2018*

On Thursday, September 20, beginning at 2:18 p.m. Eastern Time, there will be a nationwide test of the Integrated Public Alert and Warning System (IPAWS). The Federal Emergency Management Agency (FEMA), in coordination with the Federal Communications Commission (FCC), will conduct a nationwide test of IPAWS and its Emergency Alert System (EAS) and Wireless Emergency Alerts (WEA) to (1) assess the operational readiness of the infrastructure for distribution of a national message and (2) determine whether improvements are needed. The WEA portion of the test commences at 2:18 p.m. ET and the EAS portion follows at 2:20 p.m. ET. This test message will be sent to cell phones that are connected to wireless providers participating in WEA, which is why it is important to make state and local education agencies aware in advance.

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Clubs & Activities

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Athletics

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HomeComing:

Next week is "Spirit Week" to celebrate Homecoming. The following are the spirit days:

- Tuesday is Wacky Tacky Crazy Hair Tuesday. Wear the craziest, tackiest, wackiest outfit and/or hairstyle!
- Wednesday's are for Walt Disney! One of your favorite spirit days is back! Dress as your favorite Disney character, whether it's Mickey Mouse, Elsa, Buzz or Woody, the options go to "infinity and beyond!"

September 2018

- Thursday is for celebrating your favorite holiday, so pull out your old Halloween costume, your ugly Christmas sweater, or your groundhog suit!
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College Visits:

September College Visits:

Date	College
18	Mary Baldwin University
19	West Virginia University University of South Carolina
21	Ferrum College
24	Yale University
25	Christopher Newport University
27	College of William & Mary
28	Radford University

Interested Juniors and Seniors should sign-up for the college visits in the counseling office at least one day prior to the scheduled visit. You will receive a pass on the day of the visit.

Morning Announcements *Monday, September 17, 2018* *Today is Constitution Day*

September 17 is designated as Constitution Day and Citizenship Day to commemorate the signing of the U.S. Constitution in Philadelphia on September 17, 1787.

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Athletics

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Boys: "Boys Lacrosse off season conditioning will be held Tuesdays and Thursdays from 4:30 - 5:45 at Thomas Jefferson Elementary School. Players should be dressed and ready by 4:25 on the field behind TJ. As a reminder please park in the front of the school, not in the loop. Wednesday's players should be dressed by 3:55. We will meet around the weight room. You must have a physical turned in to participate."

Girls: "Girls Lacrosse off season conditioning will be held Tuesdays and Thursdays from 4:30 - 5:45 at Thomas Jefferson Elementary School. Players should be dressed and ready by 4:25 on the field behind TJ. As a reminder please park in the front of the school, not in the loop. You must have a physical turned in to participate."

HomeComing:

Next week is "Spirit Week" to celebrate Homecoming. The following are the spirit days:

- Monday is Scrabble Day. Choose a letter, attach it to your shirt, and enjoy making words with your friends throughout the day!
- Tuesday is Wacky Tacky Crazy Hair Tuesday. Wear the craziest, tackiest, wackiest outfit and/or hairstyle!
- Wednesday's are for Walt Disney! One of your favorite spirit days is back! Dress as your favorite Disney character, whether it's Mickey Mouse, Elsa, Buzz or Woody, the options go to "infinity and beyond!"
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Morning Announcements *Friday, September 14, 2018*

Yearbook prices go up after Friday, Sept. 14th! Make sure to order your copy today at jostensyearbooks.com

The afterschool CPR certification requirement class on September 19th is for sophomores and juniors who have not yet been certified by a PE teacher. This DOES NOT count for current seniors. Email Mrs. Jones if you have questions.

Behind the Wheel registration is open! Please meet with Mrs. Jones in the Driver Ed office before 1st period. Forms are available next to the office door located between C and D Halls.

Clubs & Activities

September 2018

Key Club is still going to be pulling weeds tomorrow morning by the bus loop, rain or shine. Helpers do not need to be in Key Club to help out. This really helps our school. So please come out and help if you can. We will meet up by the bus loop at 9am tomorrow morning.

Athletics

Everyone interested in swimming this year for JF, returning swimmers, new swimmers, and anyone thinking about swimming, stop by Coach Ponder's room (4004 S) to pick up information and to get a signup form.

Boys: "Boys Lacrosse off season conditioning will be held Tuesdays and Thursdays from 4:30 - 5:45 at Thomas Jefferson Elementary School. Players should be dressed and ready by 4:25 on the field behind TJ. *As a reminder please park in the front of the school, not in the loop. Wednesday's players should be dressed by 3:55. We will meet around the weight room. You must have a physical turned in to participate.*"

Girls: "Girls Lacrosse off season conditioning will be held Tuesdays and Thursdays from 4:30 - 5:45 at Thomas Jefferson Elementary School. Players should be dressed and ready by 4:25 on the field behind TJ. *As a reminder please park in the front of the school, not in the loop. You must have a physical turned in to participate.*"

HomeComing:

Next week is "Spirit Week" to celebrate Homecoming. The following are the spirit days:

Monday is Scrabble Day. Choose a letter, attach it to your shirt, and enjoy making words with your friends throughout the day!

Tuesday is Wacky Tacky Crazy Hair Tuesday. Wear the craziest, tackiest, wackiest outfit and/or hairstyle!

Wednesday's are for Walt Disney! One of your favorite spirit days is back! Dress as your favorite Disney character, whether it's Mickey Mouse, Elsa, Buzz or Woody, the options go to "infinity and beyond!"

Do you like to celebrate National "Talk Like A Pirate Day?" Are you a big Groundhog's Day fan? Well, Thursday is your day! Thursday is for celebrating your favorite holiday, so pull out your old Halloween costume, your ugly Christmas sweater, or your groundhog suit!

Lastly, Friday's homecoming theme is Hawaiian Homecoming, so dress up in your favorite Hawaiian shirt, go to Dollar General and buy all of their leis, and be ready to hula the night away at the Homecoming Dance!

If you wish to nominate someone from your grade level for Homecoming Court, please do so by Friday morning. Use the link <https://goo.gl/ANLRUz>.

Get ready to dance under the stars with DJ Showtime at the Aloha JF Homecoming. #AlohaJF Buy your tickets for \$5 all week at lunch from Sept 17-Sept 21. This is spirit week! With every ticket purchase you will get a fun surprise as long as supplies last! If you are bringing a guest, guest forms are in the main office.

Let's make it a night to remember!

Counseling

September 2018

Stanford 10 Testing will be Sept 11, 12, 13. Students who signed up will receive a pass to come to the LMC during first period that morning.

The registration deadline for the Bedford County Fair Pageant has been extended until September 17th, the winners of our Teen (ages 13-16) and Miss (ages 17-22) divisions will each receive an 18,000 scholarship to Liberty University. The winner of the Miss division will also advance to the Virginia Association of Fairs pageant for an opportunity to win additional cash scholarships.

The PSAT for sophomores and Juniors will be given on Wed Oct 10th, at JF, starting around 9am. Bedford County has paid for all sophomores to take the PSAT, so no registration is required. Juniors that would like to test must register by September 11 in the Counseling office, the cost is \$16. Juniors are encourage to test, as they may qualify for scholarships. Freshman will also take a PSAT designed for 9th graders on Tues Nov 13th, at JF. Bedford County has paid for all freshman to test, so no registration is required.

College Visits:

September College Visits:

Date	College
17	Randolph College
18	Mary Baldwin University
19	West Virginia University University of South Carolina
21	Ferrum College
24	Yale University
25	Christopher Newport University
27	College of William & Mary
28	Radford University

Interested Juniors and Seniors should sign-up for the college visits in the counseling office at least one day prior to the scheduled visit. You will receive a pass on the day of the visit.

Morning Announcements *Thursday, September 13, 2018*

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The afterschool CPR certification requirement class on September 19th is for sophomores and juniors who have not yet been certified by a PE teacher. This DOES NOT count for current seniors. Email Mrs. Jones if you have questions.

September 2018

Behind the Wheel registration is open! Please meet with Mrs. Jones in the Driver Ed office before 1st period. Forms are available next to the office door located between C and D Halls.

Clubs & Activities

Athletics

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HomeComing:

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Get ready to dance under the stars with DJ Showtime at the Aloha JF Homecoming. #AlohaJF Buy your tickets for \$5 all week at lunch from Sept 17-Sept 21. This is spirit week! With every ticket purchase you will get a fun surprise as long as supplies last! If you are bringing a guest, guest forms are in the main office.

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Counseling

Stanford 10 Testing will be Sept 11, 12, 13. Students who signed up will receive a pass to come to the LMC during first period that morning.

The registration deadline for the Bedford County Fair Pageant has been extended until September 17th, the winners of our Teen (ages 13-16) and Miss (ages 17-22) divisions will each receive an 18,000 scholarship to Liberty University. The winner of the Miss division will also advance to the Virginia Association of Fairs pageant for an opportunity to win additional cash scholarships.

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September 2018

to test, as they may qualify for scholarships. Freshman will also take a PSAT designed for 9th graders on Tues Nov 13th, at JF. Bedford County has paid for all freshman to test, so no registration is required.

College Visits:

September College Visits:

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17	Randolph College
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24	Yale University
25	Christopher Newport University
27	College of William & Mary
28	Radford University

Interested Juniors and Seniors should sign-up for the college visits in the counseling office at least one day prior to the scheduled visit. You will receive a pass on the day of the visit.

Morning Announcements *Wednesday, September 12, 2018*

Yearbook prices go up after Friday, Sept. 14th! Make sure to order your copy today at jostensyearbooks.com

Cafeteria Information:

We will be offering 1 free Breakfast, per student on September 13th 2018, as a promotion of Feeding VA day of action. The feed VA day is designed to raise awareness about the need to increase food access and improve nutrition and end hunger in VA. Deadline is September 12th.

The afterschool CPR certification requirement class on September 19th is for sophomores and juniors who have not yet been certified by a PE teacher. This DOES NOT count for current seniors. Email Mrs. Jones if you have questions.

Behind the Wheel registration is open! Please meet with Mrs. Jones in the Driver Ed office before 1st period. Forms are available next to the office door located between C and D Halls.

Clubs & Activities

Student club sign up information-

- Today is the last day to sign up for clubs
- Students need to sign up with the club sponsor personally.
- Students need to provide first and last names and all names need be easy to read. A master club list will be created using that information.

September 2018

- Students that do not sign up for a club will be given a study hall.

Athletics

Boys: "Boys Lacrosse off season conditioning will be held Tuesdays and Thursdays from 4:30 - 5:45 at Thomas Jefferson Elementary School. Players should be dressed and ready by 4:25 on the field behind TJ. As a reminder please park in the front of the school, not in the loop. Wednesdays players should be dressed by 3:55. We will meet around the weight room. You must have a physical turned in to participate."

Girls: "Girls Lacrosse off season conditioning will be held Tuesdays and Thursdays from 4:30 - 5:45 at Thomas Jefferson Elementary School. Players should be dressed and ready by 4:25 on the field behind TJ. As a reminder please park in the front of the school, not in the loop. You must have a physical turned in to participate.

"Coach Gary Harris is having a softball meeting for anyone grades 7-12 who is planning on trying out. All players and parents are encouraged to be at the meeting. Wed Sept 12th, 6:30pm at the Jefferson Forest High School bus loop.

HomeComing:

Get ready to dance under the stars with DJ Showtime at the Aloha JF Homecoming. #AlohaJF Buy your tickets for \$5 all week at lunch from Sept 17-Sept 21. This is spirit week! With every ticket purchase you will get a fun surprise as long as supplies last! If you are bringing a guest, guest forms are in the main office.

Let's make it a night to remember!

Powder puff football game

"Powder Puff is still on for this Wednesday! Come out and support your class! The cost is \$5 to get in and all proceeds go to raise money for this year's prom. Game starts at 7, see you all there!"

Counseling

Stanford 10 Testing will be Sept 11, 12, 13. Students who signed up will receive a pass to come to the LMC during first period that morning.

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September 2018

College Visits:

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Interested Juniors and Seniors should sign-up for the college visits in the counseling office at least one day prior to the scheduled visit. You will receive a pass on the day of the visit.

CVCC

Morning Announcements *Tuesday, September 11, 2018*

Listen up 10th graders!

Screenings for hearing, vision and scoliosis will be held tomorrow in the wrestling room. You will be screened during your PE class period or called later in the day.

When going to PE or being called to the wrestling room be sure to wear your glasses, flat heeled shoes and remove jackets. Do not forget to wear your contacts if you wear them.

See you then!

Nurse ReynoldsJF

Cafeteria Information:

We will be offering 1 free Breakfast, per student on September 13th 2018, as a promotion of Feeding VA day of action. The feed VA day is designed to raise awareness about the need to increase food access and improve nutrition and end hunger in VA. Deadline is September 12th.

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September 2018

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Clubs & Activities

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- Students can sign up through Wednesday, September 12th.
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Attention all members of the French National Honor Society: There will be a mandatory meeting after school in Madame Langett's room on Tuesday, September 11th. This meeting will take less than 30 minutes.

Athletics

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Jefferson Forest XC got off to the best season start they have had in recent years at the Knights Crossing Invitational, displaying for the first time this year the fruit of their hard work all summer. The girls opened even better than last year with a 3rd place finish out of 33 teams. The boys improved upon their performance from last year by 8 places to finish 7th out of 34 teams. The team saw dozens of personal best times and the JV girls also earned a trophy for their 3rd place finish. For their efforts, the boys earned a ranking of 4th place in the state of Virginia, which may be the highest ranking in program history. The girls also maintained a top 5 ranking in the state of Virginia in what many thought would be a rebuilding year, after graduating a number of seniors last year. The team is excited to have some momentum early on. Please consider coming to one of our home meets at Wolf Branch Farm in November!

HomeComing:

September 2018

Get ready to dance under the stars with DJ Showtime at the Aloha JF Homecoming. #AlohaJF
Buy your tickets for \$5 all week at lunch from Sept 17-Sept 21. This is spirit week! With every ticket purchase you will get a fun surprise as long as supplies last! If you are bringing a guest, guest forms are in the main office.

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Powder puff football game

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September 2018

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CVCC

Morning Announcements *Monday, September 10, 2018*

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September 2018

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CVCC

Morning Announcements Friday, September 7, 2018

To all students that will be 18 years old by Nov. 6, 2018: Applications will be available to **register to vote** during all lunch periods on Friday, Sept 7th in the cafeteria. You will need to know your social security number. It is required on the voter registration form.

JF Cafeteria Information:

We will be offering 1 free Breakfast, per student on September 13th 2018, as a promotion of Feeding VA day of action. The feed VA day is designed to raise awareness about the need to increase food access and improve nutrition and end hunger in VA. Deadline is September 12th.

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- Students that do not sign up for a club will be given a study hall.

September 2018

The Cavalier Corner Morning Show Crew is looking for new members to add to our crew. We have positions open for announcers and tech crew members. If you would like to learn more about Cavalier Corner, see Mrs. Hays in the LMC.

Attention all members of the French National Honor Society: There will be a mandatory meeting after school in Madame Langett's room on Tuesday, September 11th. This meeting will take less than 30 minutes.

Athletics

HomeComing:

Get ready to dance under the stars with DJ Showtime at the Aloha JF Homecoming. #AlohaJF Buy your tickets for \$5 all week at lunch from Sept 17-Sept 21. This is spirit week! With every ticket purchase you will get a fun surprise as long as supplies last! If you are bringing a guest, guest forms are in the main office.

Let's make it a night to remember!

Powder puff football game

The annual powder puff game is Wednesday, September 12 at 7.

Counseling

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The registration deadline for the Bedford County Fair Pageant has been extended until September 17th, the winners of our Teen (ages 13-16) and Miss (ages 17-22) divisions will each receive an 18,000 scholarship to Liberty University. The winner of the Miss division will also advance to the Virginia Association of Fairs pageant for an opportunity to win additional cash scholarships.

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College Visits:

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Interested Juniors and Seniors should sign-up for the college visits in the counseling office at least one day prior to the scheduled visit. You will receive a pass on the day of the visit.

CVCC

Morning Announcements Thursday, September 6, 2018

To all students that will be 18 years old by Nov. 6, 2018: Applications will be available to **register to vote** during all lunch periods on Friday, Sept 7th in the cafeteria. You will need to know your social security number. It is required on the voter registration form.

JF Cafeteria Information:

- 1) Starting Tuesday, September 4th our New Breakfast cart will be available in the front lobby as you come into the school. Students or teachers can purchase breakfast without coming down to the cafeteria. They will have access to their accounts.
- 2) We will be offering 1 free Breakfast, per student on September 13th 2018, as a promotion of Feeding VA day of action. The feed VA day is designed to raise awareness about the need to increase food access and improve nutrition and end hunger in VA. Deadline is September 12th.

Any sophomore, junior, or senior who has not yet passed the CPR/AED graduation requirement can get this completed on Wednesday, September 19 after school in the gym. Please email Mrs. Jones if interested.

Behind the Wheel registration is open! Please meet with Mrs. Jones in the Driver Ed office before 1st period. Forms are available next to the office door located between C and D Halls.

Clubs & Activities

Student club sign up information-

- Students can sign up through Wednesday, September 12th.
- Students need to sign up with the club sponsor personally.

September 2018

- Students need to provide first and last names and all names need be easy to read. A master club list will be created using that information.
- Students that do not sign up for a club will be given a study hall.

The Cavalier Corner Morning Show Crew is hosting a meeting for students interested in auditioning this Friday, September 7, 2018, in the LMC at 9:40 a.m. We have positions open for announcers and tech crew members. If you would like to learn more about Cavalier Corner, stop by the LMC and get a pass from Mrs. Hays before the meeting.

Attention all members of the French National Honor Society: There will be a mandatory meeting after school in Madame Langett's room on Tuesday, September 11th. This meeting will take less than 30 minutes.

September 6th at 3:40 in Mr. Munson's room 3066 D there will be a meeting for those interested in joining the Forensics team and Debate team. Quick thinker? Join the Debate team! Love Theatre and improv? Join the Forensics team!

Athletics

Powder puff football game

The annual powder puff game is Wednesday, September 12 at 7.

Counseling

The PSAT for sophomores and Juniors will be given on Wed Oct 10th, at JF, starting around 9am. Bedford County has paid for all sophomores to take the PSAT, so no registration is required. Juniors that would like to test must register by September 11 in the Counseling office, the cost is \$16. Juniors are encourage to test, as they may qualify for scholarships. Freshman will also take a PSAT designed for 9th graders on Tues Nov 13th, at JF. Bedford County has paid for all freshman to test, so no registration is required.

College Visits:

September College Visits:

Date	College
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September 2018

25 Christopher Newport University
27 College of William & Mary
28 Radford University

Interested Juniors and Seniors should sign-up for the college visits in the counseling office at least one day prior to the scheduled visit. You will receive a pass on the day of the visit.

CVCC

Morning Announcements *Wednesday, September 5, 2018*

To all students that will be 18 years old by Nov. 6, 2018: Applications will be available to **register to vote** during all lunch periods on Friday, Sept 7th in the cafeteria. You will need to know your social security number. It is required on the voter registration form.

JF Cafeteria Information:

- 1) Starting Tuesday, September 4th our New Breakfast cart will be available in the front lobby as you come into the school. Student or teachers can purchase breakfast without coming down to the cafeteria. They will have access to their accounts.
- 2) We will be offering 1 free Breakfast, per student on September 13th 2018, as a promotion of Feeding VA day of action. The feed VA day is designed to raise awareness about the need to increase food access and improve nutrition and end hunger in VA. Deadline is September 12th.

Any sophomore, junior, or senior who has not yet passed the CPR/AED graduation requirement can get this completed on Wednesday, September 19 after school in the gym. Please email Mrs. Jones if interested.

Behind the Wheel registration is open! Please meet with Mrs. Jones in the Driver Ed office before 1st period. Forms are available next to the office door located between C and D Halls.

Clubs & Activities

Student club sign up information-

- Students can sign up through Wednesday, September 12th.
- Students need to sign up with the club sponsor personally.
- Students need to provide first and last names and all names need be easy to read. A master club list will be created using that information.
- Students that do not sign up for a club will be given a study hall.

September 2018

Attention all members of the French National Honor Society: There will be a mandatory meeting after school in Madame Langett's room on Tuesday, September 11th. This meeting will take less than 30 minutes.

September 6th at 3:40 in Mr. Munson's room 3066 D there will be a meeting for those interested in joining the Forensics team and Debate team. Quick thinker? Join the Debate team! Love Theatre and improv? Join the Forensics team!

Athletics

Baseball practice will be held Tuesdays, Wednesdays and Thursdays from 4 to 5:30 for 9th to 12th graders at Thacker Field. You need a current VHSL Physical in order to participate. If you have any questions, please see Coach Gilleland

Attention students interested in playing Boys or Girls Lacrosse. There will be a parent meeting September 5th in the library at 7 pm. We will be discussing Fall Lacrosse and fundraisers. Please e-mail Coach Zinck or Coach Rupert if you cannot attend. Please remember that your physical must be turned in and properly completed to participate.

Anyone who has paid for or would like to purchase JFHS season sports passes may pick them up in Mrs. Glover's office on the Math Hall.

Powder puff football game

The annual powder puff game is Wednesday, September 12 at 7.

Counseling

The PSAT for sophomores and Juniors will be given on Wed Oct 10th, at JF, starting around 9am. Bedford County has paid for all sophomores to take the PSAT, so no registration is required.

Juniors that would like to test must register by September 11 in the Counseling office, the cost is \$16. Juniors are encourage to test, as they may qualify for scholarships.

Freshman will also take a PSAT designed for 9th graders on Tues Nov 13th, at JF. Bedford County has paid for all freshman to test, so no registration is required.

College Visits:

September College Visits:

Date	College
12	Longwood University Emory & Henry High Point University James Madison University University of Alabama
13	Liberty University (Aviation Certificate Only)
17	<i>Randolph College</i>
18	<i>Mary Baldwin University</i>

September 2018

- 19 West Virginia University
University of South Carolina
- 21 Ferrum College
- 24 Yale University
- 25 Christopher Newport University
- 27 College of William & Mary
- 28 Radford University

Interested Juniors and Seniors should sign-up for the college visits in the counseling office at least one day prior to the scheduled visit. You will receive a pass on the day of the visit.

CVCC

Morning Announcements *Tuesday, September 3, 2018*

Any sophomore, junior, or senior who has not yet passed the CPR/AED graduation requirement can get this completed on Wednesday, September 19 after school in the gym. Please email Mrs. Jones if interested.

Behind the Wheel registration is open! Please meet with Mrs. Jones in the Driver Ed office before 1st period. Forms are available next to the office door located between C and D Halls.

Clubs & Activities

September 6th at 3:40 in Mr. Munson's room 3066 D there will be a meeting for those interested in joining the Forensics team and Debate team. Quick thinker? Join the Debate team! Love Theatre and improv? Join the Forensics team!

Student club sign up information-

- Students can sign up through Wednesday, September 12th.
- Students need to sign up with the club sponsor personally.
- Students need to provide first and last names and all names need be easy to read. A master club list will be created using that information.
- Students that do not sign up for a club will be given a study hall.

Athletics

September 2018

Baseball practice will be held Tuesdays, Wednesdays and Thursdays from 4 to 5:30 for 9th to 12th graders at Thacker Field. You need a current VHSL Physical in order to participate. If you have any questions, please see Coach Gilleland

Attention students interested in playing Boys or Girls Lacrosse. There will be a parent meeting September 5th in the library at 7 pm. We will be discussing Fall Lacrosse and fundraisers. Please e-mail Coach Zinck or Coach Rupert if you can not attend. Please remember that your physical must be turned in and properly completed to participate.

Anyone who has paid for or would like to purchase JFHS season sports passes may pick them up in Mrs. Glover's office on the Math Hall.

Powder puff football game

Please go to Ms. Musgrove's room 3017M, to sign up for powderpuff cheer leading. The cheerleader boys will be performing a half time routine during the powderpuff football game.

Counseling

Due to increased enrollment and changes in numbers within each counselor's alphabet range, we find it necessary to make adjustments to counselor/student assignments. Starting Tuesday, Sept 4 the following breakdown will go into effect:

A-C=Newby

D-J=Watson

K-Q= Williamson

R-Z Lowry will remain the same.

This change for 2018-2019 will only effect Freshman, Sophomores and Juniors.

The PSAT for sophomores and Juniors will be given on Wed Oct 10th, at JF, starting around 9am. Bedford County has paid for all sophomores to take the PSAT, so no registration is required.

Juniors that would like to test must register by September 11 in the Counseling office, the cost is \$16. Juniors are encourage to test, as they may qualify for scholarships.

Freshman will also take a PSAT designed for 9th graders on Tues Nov 13th, at JF. Bedford County has paid for all freshman to test, so no registration is required.

College Visits:

Longwood University Wed Sep 12, 2018 9:15am – 10:15am

CVCC

September 2018

Morning Announcements *Friday, August 31, 2018*

Any sophomore, junior, or senior who has not yet passed the CPR/AED graduation requirement can get this completed on Wednesday, September 19 after school in the gym. Please email Mrs. Jones if interested.

Attention sophomores: The deadline to order a sophomore class shirt will be Friday 8/31. Please come to Mrs. Langett's room to get an order form if you have not done so already. The cost is \$15 and checks should be made out to JFHS. Please see the scrolling announcements for more details about sophomore class shirts.

Behind the Wheel registration is open! Please meet with Mrs. Jones in the Driver Ed office before 1st period. Forms are available next to the office door located between C and D Halls.

Clubs & Activities

September 6th at 3:40 in Mr. Munson's room 3066 D there will be a meeting for those interested in joining the Forensics team and Debate team. Quick thinker? Join the Debate team! Love Theatre and improv? Join the Forensics team!

Student club sign up information-

- Students can sign up from Monday, August 27th to Wednesday, September 12th.
- Students need to sign up with the club sponsor personally.
- Students need to provide first and last names and all names need be easy to read. A master club list will be created using that information.
- Students that do not sign up for a club will be given a study hall.

Athletics

Baseball practice will be held Tuesdays, Wednesdays and Thursdays from 4 to 5:30 for 9th to 12th graders at Thacker Field. You need a current VHSL Physical in order to participate. If you have any questions, please see Coach Gilleland

Attention students interested in playing Boys or Girls Lacrosse. There will be a parent meeting September 5th in the library at 7 pm. We will be discussing Fall Lacrosse and fundraisers. Please e-mail

September 2018

Coach Zinck or Coach Rupert if you can not attend. Please remember that your physical must be turned in and properly completed to participate.

Anyone who has paid for or would like to purchase JFHS season sports passes may pick them up in Mrs. Glover's office on the Math Hall.

Powder puff football game

The annual powder puff game is Wednesday, September 12 at 7. THE LAST DAY TO SIGN UP TO PLAY IS TODAY!!! Any questions, see Mrs. Hevener in room 3001M.

Please go to Ms. Musgrove's room 3017M, to sign up for powderpuff cheer leading. The cheerleader boys will be performing a half time routine during the powderpuff football game.

Counseling

Due to increased enrollment and changes in numbers within each counselor's alphabet range, we find it necessary to make adjustments to counselor/student assignments. Starting Tuesday, Sept 4 the following breakdown will go into effect:

A-C=Newby

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Juniors that would like to test must register by September 11 in the Counseling office, the cost is \$16. Juniors are encourage to test, as they may qualify for scholarships.

Freshman will also take a PSAT designed for 9th graders on Tues Nov 13th, at JF. Bedford County has paid for all freshman to test, so no registration is required.